

**St. Benedict's
Traditional Catholic Church**

1139 U. S. 231
Laceys Spring, Alabama 35754

Roman Catholic

Traditional Latin Mass



Fr. Michael Oswalt
970-765-4714
312-215-1226

December 28, 2014

st-benedict-hsv.org

Mass Schedule for the week of December 28

Sun, Dec. 28, 10:00 a.m. – Holy Innocents

RIP Donald Gardner (Linda Gardner)

Mon, Dec. 29, 8:30 a.m. – St. Thomas Becket

RIP Fr. Manuel Da Fonseca Moreira (Lucy Moreira)

Tues, Dec. 30, 8:30 a.m. – Within the Octave of the Nativity

RIP Fr. Manuel Da Fonseca Moreira (Lucy Moreira)

Wed, Dec. 31, 8:30 a.m. – St. Sylvester

Molly Hines (Knight)

Thurs, Jan. 1 – Circumcision of Our Lord

8:30 a.m. RIP Tony House, Sr. & Holy Souls (Knight)

6:00 p.m. Pro Populo

Fri, Jan. 2, 6:00 p.m. – Feria (FIRST FRIDAY)

In honor of the Holy Family & the needs & intentions of
the Wayne Pivarunas family (Wayne Pivarunas)

Sat, Jan. 3, 10:00 a.m. – BVM Saturday (FIRST SATURDAY)

Kyle Knight (Knights)

Sun, Jan. 4, 10:00 a.m. – Holy Name of Jesus

RIP Fr. Manuel Da Fonseca Moreira (Lucy Moreira)

“Although you feel tepid, approach with confidence (to Holy Communion); for the greater your infirmity, the more you stand in need of a physician.” --- *St. Bonaventure (1221-1274)*

THANK YOU

Thank you for all the cards, food and gifts for myself (and a couple for the dogs!). May your generosity be greatly rewarded by the Divine Infant, and know that all of St. Benedict's is in my daily prayers.

BE INFORMED! CLASSES ON THE NOVUS ORDO

There will be no catechism class this week. Classes will resume on **Wednesday, Jan. 7 at 6:00 p.m.**

HOLY HOUR WITH EXPOSITION & BENEDICTION EVERY WEDNESDAY

There will be no Holy Hour this week or next week due to the Holy Days. The Holy Hour will resume **Wednesday, Jan. 7 at 7:00 p.m.**

HOLY DAY OF OBLIGATION

Thursday is the Feast of the Circumcision of Our Lord and it is a Holy Day of Obligation. There will be 2 Masses on that day, please see the Mass times on the previous page.

FIRST FRIDAY/FIRST SATURDAY

This Friday and Saturday are the first Friday and Saturday Masses. Mass for First Friday will be at 6:00 p.m.

BLESSING OF INFANTS

There will be the traditional blessing of Infants on the Feast of the Holy Innocents today after Mass. All children under the age of reason can be blessed with this special blessing.

CONFESSIONS

Sunday	9:00 a.m. – 9:55 a.m.
Wednesday	7:25 p.m. – 7:50 p.m.
Saturday	9:30 a.m. – 9:55 a.m. 4:00 p.m. – 5:00 p.m.
1 st Friday	5:15 p.m. – 5:55 p.m.
Holy Day	30 minutes before Mass

The Way of Salvation (St. Alphonsus de Liguori)

The Practice of Humility

No one can please God without being humble, for He cannot bear the proud. He has promised to hear those who pray to Him; but if a proud man prays to Him, the Lord hears him not; to the humble, on the contrary, He dispenses His graces: *God resists the proud, but gives grace to the humble.* – James 4, 6.

Humility is of two kinds: humility of *affection*, and humility of the *will*. The former consists in the conviction we have of our own wretchedness, so that we can neither know nor do anything but what is evil. All that we have and do that is good comes from God. Let us come now to the practice of humility. With regard, then, to the humility of the affections: **First:** We must put no confidence in our own strength, nor in our own resolutions; but we must be always diffident and fearful of ourselves: *Work out your salvation with fear and trembling.* Phil. 2, 12. St. Philip Neri said: “He who fears not is sure to fall.”

Secondly: We must not glory in things that belong to us, as in our natural abilities, in our actions, in our birth, in our relatives, and the like. It is therefore well never to speak of our actions, except to point out where we have been wrong. And it is better not to speak of ourselves at all, either for good or bad; because, even when we blame ourselves, it is often an occasion of vainglory, by making us think that we shall be praised, or at least be considered humble, and thus humility becomes pride.

Thirdly: Let us not be angry with ourselves after we have committed a fault. That would not be humility, but pride; and it is even a device of the devil to take away all our confidence, and make us leave off following a good life. When we see that we have fallen, we should say with St. Catherine of Genoa: “Lord, these are the fruits of my own garden.” Then let us humble ourselves, and rise up immediately from the fault we have committed by an act of love and contrition, resolving not to fall into the same fault again, and trusting in the help of God. And if we unhappily do fall again, we must always do the same.

Fourthly: When we see others fall, we are not to wonder; rather let us compassionate them; and let us thank God, praying Him to keep His hand over us; otherwise the Lord will punish us by permitting us to fall into the same sins, and perhaps worse.

Fifthly: We must always consider ourselves as the greatest sinners in the world; even when we know that others have sinned more than we; because our sins having been committed after we had received so many favors, and had been enlightened by so many graces, will be more displeasing to God than the faults of others, though they may be more numerous. St. Teresa writes that we must not think we have made any progress in the way of perfection if we do not esteem ourselves worse than everyone else, and desire to be considered the last of all. (continued next Sunday)

